

## University of Pretoria Yearbook 2020

## Biokinetics 721 (MBK 721)

Qualification	Postgraduate
Faculty	Faculty of Health Sciences
Module credits	25.00
Programmes	BScHons Biokinetics
Contact time	1 practical per week, 2 lectures per week
Language of tuition	Module is presented in English
Department	Biokinetics and Sports Science
Period of presentation	Year

## **Module content**

This module serves as the theoretical platform for students to acquire the knowledge and understanding of the role of the biokineticist in health promotion, the maintenance of physical abilities and final phase rehabilitation. This will be achieved by means of acquring the knowledge and understanding of scientifically based assessement and physical activity programme prescription in healthy and special populations.

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